

Moving & Handling of People

Moving & Handling of People

Overview

The most common injuries that carers & healthcare staff experience are back injuries, which affect more than a million people in the UK. Injuring your back will limit your movement & ability to care for someone. This moving & handling of people training course is designed to ensure compliance with Mandatory Training Requirements & can be delivered to suit the training needs of your organisation. The moving & handling training deals specifically with the handling of people & is relevant to Care home staff, healthcare workers & providers. It follows a minimal handling, lifting policy & most importantly understanding what a risk assessment is. The course introduces delegates to the hazards and risk involved in manual handling and equip delegates with the ability to develop safer manual handling techniques in the workplace, which will contribute to the reduction of accidents and injuries in the work place. This will greatly benefit patients & residents, employers and employees.

Course content:

The following topics are covered in this course.

- Spinal awareness and back care
- Principles of Movement Anatomy of the Spine and types of injuries
- Manual Handling Responsibilities and Key Elements of People Moving
- People Moving – risk Assessments/ Personal Plan and Equipment
- Responsibilities imposed by the Manual Handling Operations Regulations
- Recording and Reporting Health & Safety at work
- Moving a Person in a Bed and Use a Slings/ Host and Use of Slings/ Host Risk Assessment

Entry Requirements:

People who want to learn best practice in moving & handling techniques. Primarily aimed at those who care for patients in the nursing & care industry including Managers and Supervisors of those with people handling responsibilities.

Assessment:

We can deliver this course on your premises, reducing costs in respect of additional time out and travelling. Our trainer will carry out on going assessments.

Qualification

On completion of the course. All delegates will receive Certificate of Attendance

Duration of course

Depending on module

Attendance Options

Days/Evenings/Weekends